



TEALEAVES

GENERAL TEA STEEPING CHART

TEALEAVES	 LEAVES	 FIRE	 TIME	CONDIMENTS				
				 PLAIN	 MILK	 SUGAR	 HONEY	 LEMON
WHITE	1 TSP PER CUP (8 OZ)	180°F 82°C	3 MINS	✓				
GREEN	1 TSP PER CUP (8 OZ)	180°F 82°C	1 MIN	✓				
OO LONG	1 TSP PER CUP (8 OZ)	200°F 93°C	3 MINS	✓				
BLACK	1 TSP PER CUP (8 OZ)	210°F 99°C	2-3 MINS		✓	✓	✓	✓
HERBAL	1 TSP PER CUP (8 OZ)	212°F 100°C	5 MINS				✓	✓